

# Philip Helgar



## CV

## Skills

Height	Dialects	Other languages
181 cm	Eastern	German, english (UK, US)

## Film and TV

Production	Production company	Director	Role name	Year
Harald & Sonja	Paradox	Vibeke Idsøe	Student	2025
Nr. 24	Motion Blur	John Andreas Andersen	Edvard Tallaksen	2024
Milf of Norway	Brandpeople	Rune Denstad Langlo	Øyvind	2024
Dates in real life	Maipo Film	Jacob Rørvik	Fredrik	2024
Regalis		August Grünfeldt	Mikkel	2023
Russebussen	Oslo Company	Kristine Hübert	Eigil	2022
Basic Bitch	Seefood	Line Fougner, Amanda Erlandsen, Vilde Klohs	Sigurd	2022
Gutta på skauen	NRK	Rune Denstad Langlo	Tysk soldat	2021

## Theater

Production	Theater/ company	Director	Role name	Year
Rådet	Xante Scenekunst	Jørgen Lervik Dahlstrøm	Betram	2024
Dåp		Ellen Sekulic	Dåpsplanleggeren	2023
Hjelp, vi har en Vulkan i kjellerstua	Xante Scenekunst	Sjur Vatne Brean	Rodrigo	2022

## Education

Institusjon	Subject	Year
Westerdals ACT	Text and writing	2018-2021
Romerike folkehøgskole	Theater	2017-2018